

APOLLO JUDO CLUB

Newsletter

Issue 5

26/03/2007

The latest edition of the newsletter is here, if you want to do a grading, or competition let Chris know, and he will organise a competition form. Check out the British Judo Association website at www.britishjudo.org.uk or use the links from our website at www.apollojudoclub.co.uk to get there! There are other links as well to useful judo sites, if you find any others let Chris know, and he can add them to the site

Don't forget if you have any questions let your coaches know!!

Ed.

Grading's

Walsall Campus	1 st April 2007	Seniors Only
WIS Cardiff	29 th April 2007	Junior & Senior
WIS Cardiff	17 th June 2007	Junior & Senior
Wellsprings Taunton	1 st July 2007	Junior & Senior
Walsall Campus	8 th July 2007	Seniors Only
Wiltshire	28 th October 2007	Junior & Senior
Walsall Campus	18 th November 2007	Seniors Only

** Junior Grading's are for 6th Mon to 18th Mon*

Competitions

Bristol (subject to change)	6 th May 2007	Peter Murphy Junior Closed
Gloucester	17 th June 2007	Reg Lomax Western Area Open
Devon	21 st October 2007	Devon Open
Plymouth	18 th November 2007	Plymouth Open

2007 European Championships - Eurosport Coverage

The 2007 European Championships will be broadcast on Eurosport at the following times:

Friday April 6 th	Day 1	4pm till 5.30pm
Saturday April 7 th	Day 2	3pm till 4pm and 5.30pm till 6pm
Sunday April 8 th	Day 3	4.30pm till 5.15pm
Monday April 9 th	Repeat of Day 3	8am till 9am

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Competition 18/03/2007

On the 18th of March five players from Apollo went to the Samurai Judo Club in Kidderminster for a girl's mini Mon. The results are as follows:

SIOBHAN SCOTSON	Under 28kg	5th Place
KATIE WILLIAMS	Under 28kg	6th Place
LAUREN WILDIN	Under 32kg	5th Place
CARRIE NICHOLLS	Under 36kg	3rd Place
LUCY PHELPS	Under 36kg	3rd Place
LUCY PHELPS	Under 40kg	2nd Place

Club Committee Meetings

We hold four meetings a year to assist with running the club; they normally last for approximately 1 hour, as we all have busy lives. We are looking for more Parents/Senior Judoka to join the committee, and the dates of the meetings are as follows:

Friday April 19th 2007 at 6.30pm (AGM)
Friday Oct 19th 2007 at 6.30pm

Friday July 20th 2007 at 6.30pm

Website

Is there anything you would like to see on the website (Judo Related), it's changing regularly, so if you think anything should be added, let Chris know.

First Aid

If any parents are interested in doing a First Aid course, or who are qualified and would like to do a refresher, we are looking to do a First Aid course with either St Johns or British Red Cross. If we get enough interest we will find out if we can run our own course. We need more first aid helpers in the club, and if you are interested, we will set up a rota within the club to help out with any first aid we may need. If so tell either Chris or Darrell.

Club Kit

If you would like some Training Kit with the club logo, see Darrell, and he will organise it. We can have fleeces, t-shirts, rugby tops, sports bags, and various other bits and pieces.

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