

# APOLLO JUDO CLUB

## Newsletter

Issue 4

29/01/2007

The latest edition of the newsletter is here, if you want to do a grading, or competition let Chris know, and he will organise a competition form. Check out the British Judo Association website at [www.britishjudo.org.uk](http://www.britishjudo.org.uk) or use the links from our website at [www.apollojudoclub.co.uk](http://www.apollojudoclub.co.uk) to get there! There are other links as well to useful judo sites, if you find any others let Chris know, and he can add them to the site

Don't forget if you have any questions let your coaches know!!

Ed.

### Grading's

WIS Cardiff	28 <sup>th</sup> January 2007	Junior & Senior
Walsall Campus	11 <sup>th</sup> February 2007	Seniors Only
Apollo Judo Club	12 <sup>th</sup> February 2007	1 <sup>st</sup> To 6 <sup>th</sup> Mon Only
Devon	25 <sup>th</sup> February 2007	Junior & Senior
WIS Cardiff	17 <sup>th</sup> March 2007	Junior & Senior
Walsall Campus	1 <sup>st</sup> April 2007	Seniors Only
WIS Cardiff	29 <sup>th</sup> April 2007	Junior & Senior
WIS Cardiff	17 <sup>th</sup> June 2007	Junior & Senior
Wellsprings Taunton	1 <sup>st</sup> July 2007	Junior & Senior
Walsall Campus	8 <sup>th</sup> July 2007	Seniors Only
Wiltshire	28 <sup>th</sup> October 2007	Junior & Senior
Walsall Campus	18 <sup>th</sup> November 2007	Seniors Only

*\* Junior Grading's are for 6<sup>th</sup> Mon to 18<sup>th</sup> Mon*

### Competitions

Samurai JC	18 <sup>th</sup> February 2007	Samurai Junior -18 Open
Samurai JC	18 <sup>th</sup> March 2007	Samurai Girls Mini Mon & Senior Kyu Grades
Samurai JC	25 <sup>th</sup> March 2007	Samurai Green & Under Championships
Bristol (subject to change)	6 <sup>th</sup> May 2007	Peter Murphy Junior Closed
Gloucester	17 <sup>th</sup> June 2007	Reg Lomax Western Area Open
Devon	21 <sup>st</sup> October 2007	Devon Open
Plymouth	18 <sup>th</sup> November 2007	Plymouth Open

アポロ柔道部

# APOLLO JUDO CLUB

## Newsletter

### Club Awards Night

We hope you had a good night at the awards evening, well done to those who won the awards, and well done to everyone else who, although did not win anything, tried well during the year. Choosing who wins the awards is one of the hardest things we as coaches have to do during the year, and each year it is becoming more difficult. The full list of results is as follows:

Best Attendance	-	Carrie Nicholls, Brodie Nicholls, Timothy Remnant
Best Theory	-	Carrie Nicholls
Best Infant	-	William Powles
Most Improved Infant	-	Brodie Nicholls
Best Junior	-	Lucy Phelps
Most Improved Junior	-	Timothy Remnant
Best Senior	-	Gemma Motterham
Most Improved Senior	-	Tilly Turpin West
Best Competitor	-	Lauren Wildin
Players Player	-	Daniel Rothwell Jackson
Coaches Judoka	-	Siobhan Scotson
Martins Award	-	Andrew Fellowes

### Competition 28/01/2007

On the 28<sup>th</sup> of January five players from Apollo went to the Samurai Judo Club in Kidderminster for a boys mini mon. The results are as follows:

Todd Montague	Under 30kgs	3 <sup>rd</sup> Place
Tim Remnant	Under 34kgs	6 <sup>th</sup> Place
Rupert Powles	Under 42kgs	6 <sup>th</sup> Place
James Saunders	Under 42kgs	3 <sup>rd</sup> Place
Daniel Rothwell-Jackson	Under 46kgs	2 <sup>nd</sup> Place

### Club Committee Meetings

We hold four meetings a year to assist with running the club; they normally last for approximately 1 hour, as we all have busy lives. We are looking for more Parents/Senior Judoka to join the committee, and the dates of the meetings are as follows:

Friday February 1st 2007 at 6.30pm  
Friday July 20th 2007 at 6.30pm

Friday April 19th 2007 at 6.30pm (AGM)  
Friday Oct 19th 2007 at 6.30pm

アポロ柔道部

# APOLLO JUDO CLUB

## Newsletter

### **First Aid**

If any parents are interested in doing a First Aid course, or who are qualified and would like to do a refresher, we are looking to do a First Aid course with either St Johns or British Red Cross. If we get enough interest we will find out if we can run our own course. We need more first aid helpers in the club, and if you are interested, we will set up a rota within the club to help out with any first aid we may need. If so tell either Chris or Darrell.

### **Club Kit**

If you would like some Training Kit with the club logo, see Darrell, and he will organise it. We can have fleeces, t-shirts, rugby tops, sports bags, and various other bits and pieces.

アポロ柔道部